

WEIGHT : 110 g / 3.9 oz

BAKING : READY TO BAKE

UNIT/CASE : 36

INGREDIENTS LIST

UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SPINACH AND FETA FILLING (BECHAMEL CREAM (WATER, NONFAT DRY MILK, MODIFIED FOOD STARCH, DRIED WHEY (MILK), SALT, WHEY PROTEIN CONCENTRATE), SPINACH, FETA CHEESE (MILK, MILK PROTEIN CONCENTRATE, SALT, CALCIUM CHLORIDE, MICROBIAL ENZYME, LACTIC ACID, BACTERIAL CULTURE, CELLULOSE), EGGS, ONIONS, SPICES), BUTTER (CREAM), WATER, SUGAR, YEAST, EGGS, SALT, WHEAT GLUTEN, FOOD ENZYMES (XYLANASE, AMYLASE), ASCORBIC ACID, DRIED EGGS, SKIM MILK, SOY FLOUR.

SPECIAL MENTION

MADE WITH CAGE FREE EGGS. According to a micro challenge made by a certified lab following FDA protocol, baked Bistro can be kept at room temperature for 8 hours. After this time, product must be discarded.

ALLERGENS

CONTAINS: WHEAT, MILK, EGGS, SOY.

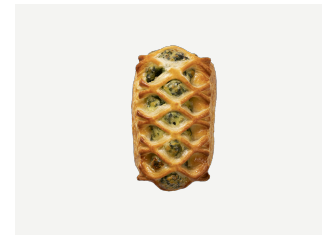
GMO

Contains ingredient(s) derived from GMO(s) but does not contain a bioengineered food ingredient (BE)

DELIVERED PRODUCT



BAKED PRODUCT



PHYSICAL PRODUCT SPECIFICATIONS

	LENGTH			HEIGHT			WIDTH/DIAMETER			UNIT WEIGHT	
	min	target	max	min	target	max	min	target	max	frozen	cooked
IN	4.33	4.61	4.88	1.18	1.34	1.5	2.52	2.87	3.23	3.9 oz	3.4 oz
CM	11	11.7	12.4	3	3.4	3.8	6.4	7.3	8.2	110 g	95 g

SCARIFICATION SHAPE : LATTICE

STORAGE

Shelf life cooked product : 72 hours

Location shelf life cooked product : FRIDGE

Freezer shelf life :270 day(s)

Recommended shelf conditions cooked product :

Preserve at a refrigerated temperature of 34-40°F (1-4 °C) in a closed packaging avoiding humidity absorption.

Freezing recommendations :

Store in original packaging at stable recommended storage conditions.

Storage temperature of freezer :

Maintained freezer temperature between 10 °F and -12 °F (-12 °C and -24 °C).

COOKING SPECIFICATIONS

BAKING INSTRUCTIONS		PRODUCT DESCRIPTION
THAWING	WHERE	ROOM TEMPERATURE
	TIME	55-65 MIN
	TEMPERATURE	20°C (68°F)
PROOFING	HUMIDITY	NOT REQUIRED
	TIME	NOT REQUIRED
	TEMPERATURE	
BAKING	OVEN TYPE	CONVECTION
	TIME	19-23 MIN
	TEMPERATURE	177°C (351°F)
PRECAUTIONS		COOKING MAY VARY ACCORDING TO OVEN MODEL
		Raw and Ready to bake products must be baked to reach an internal temperature of 77°C (171°F) for minimum 2 minutes.

Nutrition Facts

1 servings per container

Serving size 1 unit (95g)

Amount per serving

Calories 330

% Daily Value*

Total Fat 19g 24%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 60mg 20%

Sodium 430mg 19%

Total Carbohydrate 32g 12%

Dietary Fiber 1g 4%

Total Sugars 5g

Includes 3g Added Sugars 6%

Protein 7g

Vitamin D 0mcg 0%

Calcium 63mg 4%

Iron 2mg 10%

Potassium 154mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.